



Broward County Government Newsletter

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Community Care Plan, "the health plan with a heart"

September is National Preparedness Month

The Department of Homeland Security has tips on how to plan for a hurricane. The Atlantic hurricane season starts June 1 and ends November 30. The most active month for hurricanes is September.

36 Hours until a Hurricane:

- Use the TV or Radio to get weather and emergency updates
- Add to your emergency preparedness kit: food and water for 3 days, medicine, flashlights,
- batteries, cash, and first aid.
- Create a plan to communicate with family: If you lose power, texting might be more reliable because the phone lines might be overloaded.
- Plan with your family: review your evacuation plan and shelter locations.
- Car Preparedness: Keep a full tank of gas, stock up on supplies, and keep a change of clothes.

18-36 Hours before a Hurricane:

- Bookmark county and city websites for updates during the storm.
- Outside: Take in loose furniture or objects that could move during a storm. Anchor objects that you cannot bring inside such as Propane tanks. Trim trees.
- Windows: Cover all windows with shutters. If you do not have shutters use 5/8" exterior grade or marine plywood.

6-18 Hours before a Hurricane:

- Turn on your TV, Radio and internet to the latest storm updates.
- Charge your phone so you have battery if the power goes out.

6 Hours before a Hurricane:

- Tell family and friends where you are.
- Close your shutters.
- Stay away from windows.
- Refrigerator/Freezer: keep on the coldest setting, only opening when necessary in case you lose power.
- Turn on your TV, Radio and internet to the latest storm updates.



Source: www.ready.gov/hurricanes

Always consult your physician before making changes to your lifestyle or healthcare routine. This information is available for free in other languages. Please call Member Services at 1-866-224-5701 Monday – Friday 8:00am – 7:00 pm EST. For hearing impaired assistance call: TTY/TDD 1-855-655-5303. Si usted necesita esta información en Español llame al 1-866-224-5701 TTY/TDD 1-855-655-5303 de Lunes a Viernes desde las 8:00am a 7:00pm EST. Si ou vie resevwa enfomeseyon sa en Kreyol rele nimewo telefon sa 1-866-224-5701 TTY/TDD 1-855-655-5303 Lendi jiska Vandredi de 8:00am a 7:00pm EST.